**Begin Your Dream Career Journey**

Relocating to a new country brings exciting opportunities, but for many professionals’ partners, it also presents career challenges. If you’re a motivated accompanying spouse or partner of Swedish Ministry for Foreign Affairs staff, I’m here to help you achieve your career aspirations.

**Empowering Global Spouses**

Global spouses are a valuable yet often untapped resource in today’s job market. I believe in your potential to grow, thrive, and succeed. Helping individuals unlock their potential and build fulfilling careers is my passion, and I’m committed to supporting you on your path to professional success.

**A Unique Career Coaching Opportunity**

I am offering free career coaching tailored specifically for global spouses affiliated with the Swedish Ministry for Foreign Affairs (MFA, *Utrikesdepartementet*). This independent initiative is designed to empower you to define your ideal career and achieve success. Note: This program is neither initiated nor managed by the MFA, which also has no responsibility for it.

**Program Benefits**

Through this supportive team coaching program, you will:

* Clarify your career goals and aspirations.
* Build confidence using evidence-based techniques grounded in positive psychology.
* Develop actionable plans and begin executing them.
* Connect and collaborate with a network of like-minded individuals.
* Become part of a growing global professional network.

**Program Details**

* **Duration:** 3 months (starting January 22, 2025)
* **Group Sessions:** Biweekly, 2 hours each
* **One-on-One Coaching:** A personalized 1-hour session
* **Work Assignments:** Practical tasks to maintain progress between sessions
* **Format:** Online, in English

**Why Join?**

By participating, you’ll gain:

* A proven process that delivers real, actionable results.
* Maintain or gain your professional identity
* Access to a global network of professionals with shared ambitions.
* Tools to navigate and excel in a global job market.

**Selection Criteria**

This free program is available to up to nine participants. Selection is based on:

* High motivation and commitment to your career development.
* Availability to attend 2 hours biweekly sessions and dedicate additional time to assignments (approximately 2 hours after each session).
* A brief, two-sentence statement explaining why this program aligns with your career and life goals.

*Applications are open until December 31, 2024.*

**Meet Your Coach**

The program is led by **David Wallensteen Bergknut**, a career coach and HR professional with 25+ years of international experience across three continents. As an accompanying spouse himself, David understands the unique challenges and opportunities you face. With a background that includes leadership roles at the Swedish Red Cross, AstraZeneca, and Ericsson, as well as work at Swedish embassies in Brasilia and Addis Ababa, he brings unparalleled expertise to help you succeed.

**Take the First Step**

Before the program begins, we’ll schedule an introductory call to align your goals and ensure the program is the right fit for you. Spaces are limited to nine participants—don’t miss this unique opportunity to unlock your potential and shape your future!

**The journey to your dream career starts now.**

If you want to know more or indicate interest for the program, please contact:

David Wallensteen Bergknut

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Facebook:

**The Global Spouse Career (a membership group)**

Website (in progress)

**www.globalspousecareer.com**